

DIRECTIONS TO THE MERCER SCHOOL OF THEOLOGY

The School sits in the southwest corner of the property on which the Cathedral of the Incarnation is built in Garden City, New York.

By train – take Long Island Railroad to Garden City Station (Hempstead Line). Exit platform at the west end (Cathedral Ave). Walk south on Cathedral Ave to Fourth Street. Make a right turn. Walk on Fourth Street to the second gate (65 Fourth Street). Enter. Keep to the left as you enter the cathedral grounds. After passing a brick carriage house you will see the school, a modern structure with a parking lot, before you.

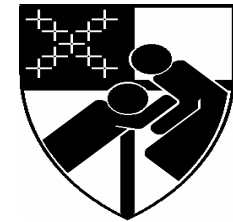
From the Southern State Parkway – Take Exit 19N (Peninsula Blvd. North/Garden City). Take Peninsula to President St. (Hempstead High School on corner) and turn left. President Street becomes Cathedral Avenue. Continue on Cathedral Avenue, past St. Paul's Greek Orthodox Cathedral, to the corner of Cathedral Avenue and Fourth Street. Make a left onto Fourth Street and follow italicized paragraph above.

From the Northern Parkway or the LIE – Take the exit for New Hyde Park Road South (for the Northern parkway, Exit 26: for the LIE, Exit 34). Follow New Hyde Park Road south, across the railroad tracks, until it intersects with Stewart Avenue West. Make a left turn. Follow Stewart Avenue West across Nassau Blvd. At the major intersection of Stewart Avenue West and Cherry Valley Road you will see the Garden City Hotel in front of you. Cross the intersection, bearing to the right. Cross the railroad tracks and you will be on Cathedral Avenue. Continue on Cathedral Avenue, to the corner of Cathedral Avenue and Fourth Street. Make a right turn and follow the directions in the italicized paragraph above.

Parish Health Ministry's goal is to empower and encourage whole person health through increasing self knowledge, personal responsibility and interdependence among God's people. As a ministry it is a witness to the healing activity of God, emphasizing the integration of body, mind and spirit. This conference will help professionals integrate their professional and religious lives and consider ways in which they may enhance the ways in which they minister to their communities. The speakers will provide information, in addition to question and answer periods.

Mindful of Jesus' Commission to all Disciples to heal the sick and mindful of the need to care for the whole person the ECS Parish Health Ministry Committee supports and assists local congregations to explore, implement and sustain intentional health ministries.

Parish Health Ministries Annual Conference



**Doing Drugs?
Are we as a society
taking too many pills and
the effects of Geriatric
Polypharmacy**

Friday, November 20, 2009

At

**The George Mercer, Jr.
Memorial School of Theology
65 Fourth Street
Garden City, New York 11530**

**Sponsored by
The Parish Health Ministry Committee
Episcopal Community Services
Diocese of Long Island**



Join the Parish Health Ministry Committee and your esteemed colleagues in addressing the issue of "Are we as a society

taking too many pills and the effects of geriatric Polypharmacy?" Did you know if medication related problems were ranked as a disease, it would be the fifth leading cause of death in the US? You may not be familiar with the word "Polypharmacy", but if you or a family member or friend has reached the magic age of "65", you probably are familiar with the "effects" of Polypharmacy, even without knowing its actual definition. Polypharmacy is a word invented to reflect a growing problem among the elderly, namely the use of *multiple medications* in any one patient. While this term usually applies to people taking five (5) or more different medications, that number may be even less, but is often even more. This conference will address Polypharmacy and what happens as we begin to use more and more medications to treat the growing number of complaints related to our "normal aging"?

KEYNOTE SPEAKER

Leon J. Lewandowski, M.D., Ph.D. received his Ph.D. from the University of Pennsylvania, followed by teaching/research appointments at the Universities of Pennsylvania, California at Berkeley, and Stanford. He received his degree in medicine from the New York University School of Medicine in 1978, followed by a residency in pathology at Bellevue Hospital in 1981. He has over 25 years experience in key positions in the pharmaceutical industry, developing drugs and drug-delivery systems with special emphasis. Dr. Lewandowski is a member of St. Mark's Parish in Westhampton where he serves as a Lay Eucharistic Minister.

PARISH HEALTH MINISTRY PRESENTER

REGISTRATION FORM -2009 PARISH HEALTH MINISTRY CONFERENCE NOVEMBER 20, 2009 at the George Mercer, Jr. Memorial School of Theology

Name: _____
Address: _____
Telephone: (H) _____ (B) _____ (C) _____
Profession: _____ Parish Affiliation: _____

*Please send completed form with a check for \$25.00 made out to Episcopal Community Services (ECS).
Send to: Episcopal Community Services, 500 South Country Rd., Bay Shore NY 11706
Early Registration is encouraged since space is limited. Any questions contact: Al Rosenvinge,
Director of Community Counseling and Education Programs at (631) 665-7701.*

Cheryl Louise Branche M.D. is a graduate of the Howard University College of Medicine. Most of her postgraduate training is in internal medicine. She is also an author with articles appearing in the Journal of the National Medical Association and the Gale's group's Encyclopedia of Cancer. She is a retired physician and the founder of the Prescription Assistance Program of St. Ann's & the Holy Trinity in downtown Brooklyn.

CONFERENCE SCHEDULE

9:30-10:00 AM Registration and Coffee

10:00-10:15 Opening Prayers & Welcome

**10:15– 11:15 AM Keynote Address
Leon Lewandowski M.D. PhD.
Geriatric Polypharmacy**

**11:15 – 11:45AM
Question and Discussion Period**

11:45-12:00 Break

**12:00-12:45PM
Eucharist in the Chapel**

12:45-1:45PM Lunch

**1:30-2:15 PM
Cheryl Branche M.D.
Prescription Assistance Program: A
Presentation of a Parish Health Ministry of St.
Ann's & the Holy Trinity, Brooklyn.**

2:15 PM Closing Remarks and Prayer